

Sample: Senior Center Meal

- Roast Beef
- Whipped potatoes w/ Gravy
- Peas & Carrots
- Green Salad w/ Dressing
- Whole Wheat Bread
- 1% Milk
- Fruit Juice
- Dessert: Cookie

- Nutritionists ensure a variety of food that is both nutritious and delicious!
- Each meal contains 1/3 of the Recommended Dietary Allowance for an adult.
- Each meal meets diabetic, low sodium & low cholesterol guidelines.

We welcome you to
enjoy a nutritious meal
among friends!



Welcome
To The
Senior Nutrition
Program Dining
Centers



Seniors, age 60 and
older, are invited to eat
a nutritious meal and
socialize with the
companionship of their
fellow seniors!



Central District
Health Department

707 N. Armstrong Pl
Boise, Id 83704 • (208) 327-7460
cdhd.idaho.gov

Boise Meal Sites

Garden City Senior Center

3858 Reed St.

Garden City, ID 83714

336-8122

Wed & Fri – 12:00 p.m.

*Reservations Required

Boise Senior Activities Center

690 Robbins Road

345-9921

Mon. thru Fri. – 12:00 p.m.

Samaritan Village Apts.

3350 Collister Dr.

Boise, ID 83703

327-7460

Mon. thru Fri.- 12:00 p.m.

*Reservations Required

Northgate Senior Village

5901 Ellens Ferry Way

Boise, ID 83703

327-7460

Mon. thru Fri. –12:00 p.m.

*Reservations Required

West Ada County Meal Sites

Star Senior Center

102 S. Main Street

Star, ID 83669

286-7943

Wed. & Fri. – 12:00 p.m.

Kuna Senior Center

299 Avenue B

Kuna, ID 83634

922-9714

Mon./Wed./Fri. – 12:00 p.m.

Meridian Senior Center

133 W. Broadway Ave.

Meridian, ID 83642

888-5555

Mon. thru Fri. – 12:00 p.m.

Eagle Senior Center

312 E. State Street

Eagle, ID 83616

939-0475

Tues. & Thurs. – 12:00 p.m.

Elmore County Meal Sites

Three Island Senior Center

510 E. Cleveland

Glenns Ferry, ID 83623

366-2051

Mon./Tues./Thurs. – 12:00 p.m.

Mountain Home Senior Center

1000 N. 3rd, East

Mountain Home, ID 83647

587-4562

Mon./Wed./Fri. –12:00 p.m.



The suggested donation per meal is \$4.00 for seniors. For persons under the age of 60 the cost is \$6.00 per meal.